



2024 **AKRON MARATHON TEAM RELAY GUIDE**



If you have additional questions after reading this Team Relay Guide check out the Final Instructions or visit the information booth at the Health & Fitness Expo.

Registration Questions

Relay Changes

Starting August 22 all relay changes will need to take place at the Health & Fitness Expo. There is a \$10 transfer fee for each relay change. The original participant will NOT receive a refund. The exchange of monies is between the original participant and the new participant.

The new participant will need to come, in person, to the Health and Fitness Expo to complete the relay change. The old participant does not need to attend.

Incomplete Teams

The relay team must be complete & have 5 registered participants on the team to

Assigning Legs
Each member of the team should know which leg they are completing. However, you do to register for a specific relay leg.

""Thes at any time without timing chip of each "The each "T relay leg time and the team total.

Helpful Tips for Assigning Legs

In the next section, the relay legs are ranked in order from easiest to hardest with a brief description of each leg. This is designed to help each participant choose which leg is best for them.

Relay Leg 1

- Distance: 4.2 miles
- Total elevation gain: 110 feet.

This relay leg is classified as the easiest leg and best for a team member new to participating in racing events. This leg gets to experience the energy at the Start Line. The course is relatively flat until an uphill section starting at mile

Relay Leg 3

Easiest

- Distance: 5.6 miles
- Total elevation gain: 130 feet. This leg is relatively flat or downhill and most of the leg is on the Towpath Trail. There is one uphill section near the finish of this relay leg.

Relay Leg 5

- Distance: 5 miles
- Total elevation gain: 190 feet. Those completing this relay leg will experience Stan Hywet, Highland Square, and the Finish Line! There is a climb up Garman Hill shortly after the start, but after Garman, the course is mostly flat or downhill.

Relay Leg 4

- Distance: 4.5 miles
- Total elevation gain: 290 feet. Although this leg is shorter, it has the most elevation gain. Participants travel through Sand Run Parkway and partake in the neighborhood block parties along Overwood and Wiltshire.

Relay Leg 2

- Distance: 6.9 miles
- Total elevation gain: 250 feet. This leg should go to the most experienced participant on the team. This leg will travel the longest distance accompanied by rolling elevation changes. Relay leg 2 members will experience the University of Akron Campus and Firestone Park.

RACE INFORMATION

Health and Fitness Expo

All participants MUST pick up their packets on Friday, September 27, 2024. The packet includes a drawstring bag and race bib with timing device. Shirts are located at the end of the Expo Hall. Each participant should pick up their own packet. There is NO packet pick up the day of the race. If you are unable to attend, race packets may be picked up by a friend or family member who must verify the participant's registration information.

Relay Slap Bracelet

The first relay leg will be given a slap bracelet to be worn on the wrist. The participant completing the first leg must pick up a slap bracelet at the Relay Registration Area at the Expo. If you forget or lose your bracelet there will be extra available at the Start Line Information Booth. At each Relay Exchange Zone, the incoming relay leg will pass the slap bracelet to their team member. No relay member can leave for their relay leg without wearing the slap bracelet. The final team member must have the slap bracelet at the Finish Line to qualify for team awards.

Timing

There is a unique timing chip in each relay bib. If your bib comes close to a timing mat a "read" will occur. The following will results in errors and/or delays with your team's results:

- 1. Two team bibs on the course at same time.
- 2. Crossing any timing mat, other than at the finish of your relay leg.
- 3. Multiple team members crossing the finish line. *This is discouraged as it causes timing errors and increases congestion in the finish chute.
- 4. A participant falls behind the SAG (end of race vehicle)

Course

The 5-Person Team Relay will follow the Full Marathon route. Be sure to follow signage at mile 12.3 where the Half Marathon splits off from the full/relay course.

Course Closure

The course will remain open for 6.5 hours and will close on a continuous pace of 15:00 min/mile. Relay teams need to be at the split at mile 12.3 by 10:15 a.m. to continue on to the full course. Anyone who cannot maintain the pace requirements must move to the sidewalk or catch the SAG bus as the course will re-open and allow vehicular traffic through. Services along the course cannot be guaranteed for participants beyond the stated pace requirements.

Finish Line Location

Due to ongoing construction at Lock 3, the Finish Line will remain on Main St just outside Canal Park Stadium.

Relay participants are encouraged to meet up at the Finisher Festival after your leg of the relay.

As you enter the festival, there will be an Information Booth, merchandise tent, medal engraving, and restrooms. You can redeem your drink and food tickets.

Enjoy the live band, yard games, food trucks, and post-race celebration!

Series Participants

Series participants can pick up their series medal rack located with the shirts at the end of the expo hall.

At the finish line, series participants will be awarded a series medal. Relay leg 5, who are series participants, will get their series medal just after the race medal in the finish line chute. Relay members completing legs 1-4 can pick up their series medal at the Information Booth inside in the Finisher Festival.

RACE MORNING ARRIVAL

Directions and Parking for those arriving after 7:00 a.m.

Decks and lots on the west side of Main St and South of Exchange St are suggested for relay legs 2-5 arriving after 7:00 a.m. Please note roads along the course will close at 7:00 a.m.

From the north or west Via I-77: (Cleveland/ Fairlawn): I-77/I-76 (they run concurrently). Take exit onto 59 east/Downtown. Route differs from here based on which deck you choose.

From the south taking I-71 to I-76 east: Continue onto 224 east. Exit 2 onto OH-93/Manchester Rd. Left on Waterloo. Left on Manchester Rd. Continue right on East Ave. Turn right on Vernon Odom Blvd.

From the south Via I-77: I-77 to 224 west (Exit 122B). Exit at OH-93 (Exit 2). Right onto OH-93. Continue right on East Ave. Turn right on Vernon Odom Blvd.

From the east taking I-77/I-76 west: I-77/I-76 (they run concurrently) to Rte 59/Dart Ave (Exit 21C). Turn right after you exit onto Boulevard St. Stay left to continue on Dart Ave. Route differs from here based on which deck you choose.

Post-race change of clothes

Gear Check will NOT be available in 2024. It is easy to plan ahead and give a clothing item to the next team member or stash a change of clothes in your car.

Transportation

Relay shuttles are available to the start of relay leg 4 and 5 with return service for finishing leg 3 and 4 participants.

Shuttle Times:

Leg 4 - Downtown to Sand Run: 7:15 a.m.-10:15 a.m.

Leg 5 - Downtown to Firestone CLC: 7:30 a.m.-11:15 a.m

*Return shuttles continue until the last participant is finished.

Arriving at the Exchange Zone

Once you arrive at your Relay Exchange Zone take time to familiarize yourself with the corrals, visit the restrooms, and prepare for your leg of the relay. When your team member is approximately 10 minutes from the Exchange Zone please proceed to the numerical staging area, based on your bib number (all five team members have the same bib number). Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER. Once your bib number is called please move to the front row of your corral to meet your teammate and start your leg of the relay. Make sure you take the team's slap bracelet from your teammate before you leave the exchange zone. There will be bottled water available for participants both starting and finishing at each exchange zone.

Exchange Zone Procedures

As you finish your leg of the relay, you will be directed to run over a timing mat. Continue for a short distance beyond the timing mat where race volunteers will assist you in finding your teammate. Upon finding your teammate, pass the slap bracelet, and clear the racecourse. Finishing participants will receive their medal at the Relay Exchange Zone and can head to Main St for the Finisher Festival. Relay leg 5 will finish on Main St and receive their medal before entering the Finisher Festival.

Security

Backpacks are highly discouraged and all bags are subject to be searched in all race areas along the course. The Start Line and Finish Line will have "athlete only" areas. Non-participants will not be permitted in these areas which include the start line corrals and the finisher's chute at the finish line. NO FAMILY RUN-IN AT FINISH LINE - Only athletes are permitted on the racecourse, including crossing the finish line. This is for the safety of all athletes, spectators, and race officials.

RELAY FAQS

Race Day Questions

Running multiple legs or events?

A member of a Relay Team can complete two-consecutive relay legs; the team must be paid in full. The person completing two legs must register & pay for both legs.

The 1st leg team member can also continue on to complete the full or half marathon; that team member must register & pay for both events. This can only happen for the first leg. On race day, wear both bibs. When approaching the first Exchange Zone follow the relay signs, cross over the timing mat, find the next team member, transfer the slap bracelet, then continue on. At the Expo pick up both packets and the relay slap bracelet.

Relay medals are available at the Information Booth Inside the Finisher Festival for those completing multiple legs or events.

Team Relay Awards

Top three teams in the Men's, Women's, Mixed, Masters Men's, Masters Women's, and Masters Mixed categories of the 5-Person Team Relay will receive awards. Awards are mailed 6-8 weeks post-race and once results are finalized.

Can the team watch the start?

Yes, relay legs 2-5 can watch the start of the race before heading to the start of their relay leg.

Can I run with my friend after my leg?

No, only one team member can be on the course at a time to receive an accurate results.

Can I take a shuttle from leg 4 to leg 5?

Shuttles only transport from downtown to their respective relay legs and back. There is no shuttle transport from relay leg 4 to relay leg 5.

Ways to track your teammates:

- Akron Marathon App. (please note updates are based on timing mat reads. The first update will happen when Relay Leg #1 crosses mile 2)
- GPS tracking apps
- Find my Friends
- Pace Chart (below)

ARRIVAL TIMES TO RELAY LEG (30 MINUTES BEFORE ANTICIPATED ARRIVAL)

LEG	DISTANCE	START LOCATION	7 MIN PACE	9 MIN PACE	11 MIN PACE	13 MIN PACE	15 MIN PACE
#1	4.2	1 S. High St	6:30 am	6:30 am	6:30 am	6:30 am	6:30 am
#2	6.9	250 E. Mill St	7:00 am	7:05 am	7:20 am	7:30 am	7:35 am
#3	5.6	245 Wolf Ledges Pkwy	7:45 am	8:10 am	8:30 am	8:50 am	9:15 am
#4	4.5	1300 Sand Run Pkwy	8:30 am*	9:00 am*	9:35 am*	10:10 am*	10:45 am*
#5	5	1565 Fairfax Rd	9:00 am*	9:50 am*	10:30 am*	11:15 am*	11:45 am*

*RECOMMENDED TO BOARD RELAY BUS 30 MINUTES PRIOR TO ARRIVAL TIME FOR RELAY LEGS 4 & 5

First Leg Details

Relay leg distance: 4.2 miles

Start of relay leg #1: Start Line - 1 S. High St

Finish of relay leg #1: Union Park - 250 E. Mill St

Parking - Recommended parking location for first leg relay

participants is the Broadway Parking Garage at 120 S. Broadway St.

PICK UP SLAP BRACELET

The person completing the first leg of the relay should pick up the team's bracelet at the Expo on Friday. Additional bracelets will be available at the information tent at the Start Line on race morning.

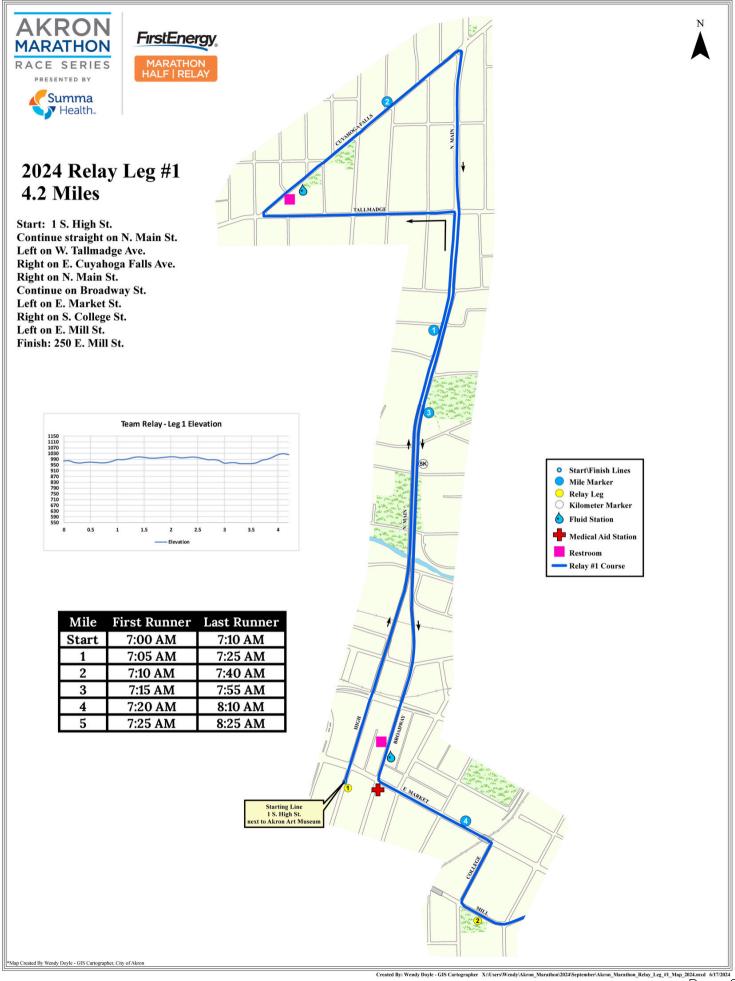
START LINE

There will be six waves at the Start Line. Wave 1 will start at 7:00 AM. Wave 2 will be walked up to the start line and will be held for 30 seconds and then released. Followed by a walk-up and individual release of waves 3-6. All teams will have a wave assignment on their bib. Wave assignments are based on anticipated team finish time collected during registration. If you feel you received the wrong corral assignment, then you can make a corral change at the Expo. Participants must enter at the back of their assigned corral. Waves 1 & 2 will enter at the back of the blue corral. Waves 3 & 4 will enter the back of the red corral. Waves 5 & 6 will enter the back of the orange corral. You can move around inside your corral, and you can move back to a different corral, but you cannot move forward into another corral.

FINISH LINE

At the finish of your relay leg, you will cross over a timing mat and proceed to the numerical staging area which corresponds with your bib number. Once you arrive at the staging area, find your relay team member and pass off the slap bracelet. Once you have passed the bracelet to your team member, exit the course to get your medal and water.

Walking directions to the Finisher Festival - The Finisher Festival is located at 300 S. Main St outside Canal Park Stadium. Get your finisher fluids and medal on the corner of E. Mill St and College St. Walk west on E. Mill St and make a left onto Broadway St. Walk 4 blocks and make a right on Buchtel St. Signage will direct you to the finisher festival to receive your post-race food and beverages.



Second Leg Details

Relay leg distance: 6.9 miles

Start of relay leg #2: Union Park - 250 E. Mill St Finish of relay leg #2: 245 Wolf Ledges Parkway Parking- Recommended parking location for second leg relay participants is the Polsky Deck at 275 S. High St.

DIRECTIONS TO EXCHANGE ZONE

Walking Directions to Relay Leg 2:

*From the Start Line: Walk south on S.

High St to E. Mill St. Turn left (east)
onto E. Mill St. Walk straight until you
reach Union Park and the Relay
Exchange Zone on your right.

*From Parking Decks: Walk north on
Broadway St. Turn right (east) onto E.

Mill St. Walk straight until you reach
Union Park and the Relay Exchange
Zone on your right.

FINISH LINE

At the finish of your relay leg, you will cross over a timing mat and proceed to the numerical staging area which corresponds with your bib number. Once you arrive at the staging area, find your relay team member and pass off the slap bracelet.

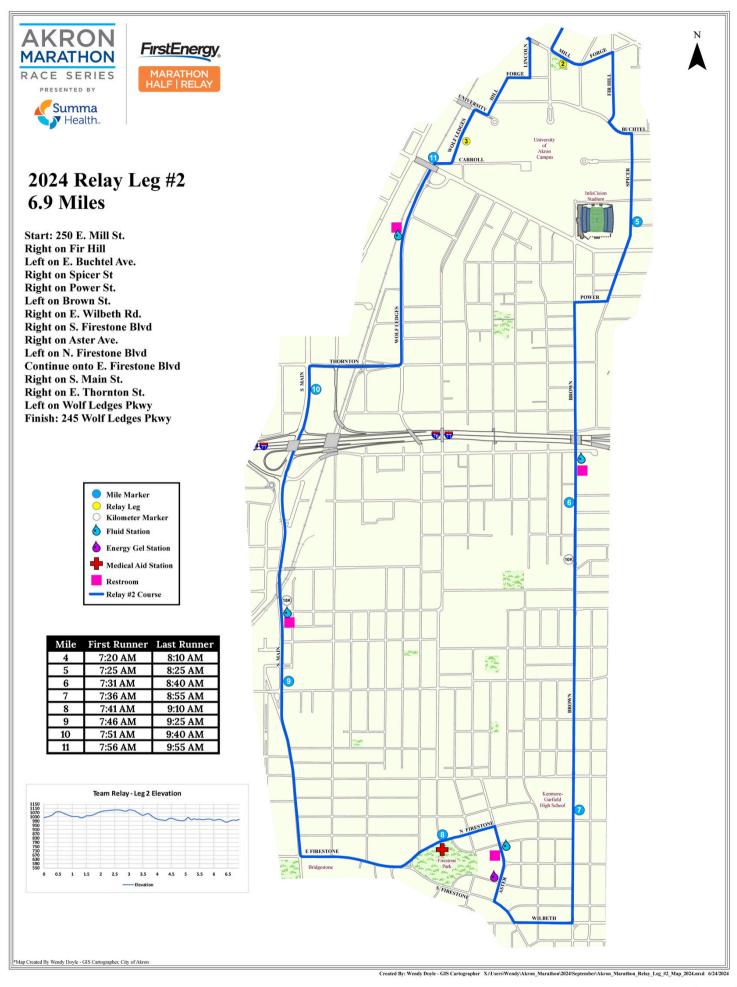
Once you have passed the bracelet to your team member, exit the course to get your medal and water.

ARRIVING AT EXCHANGE ZONE

Upon arriving at your Relay Exchange zone, proceed to the numerical staging area as instructed by a race volunteer. Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER.

FINISHER FESTIVAL

Walking directions to the Finisher
Festival - The Finisher Festival is located
at 300 S. Main St outside Canal Park
Stadium. Get your finisher fluids and
medal in the parking lot behind the
Exchange Zone. Travel south on Buckeye
St. Turn right on Exchange St. Turn right
on S. High St. Signage will direct you to
the Finisher Festival to receive your
post-race food and beverages.



Third Leg Details

Relay leg distance: 5.6 miles

Start of relay leg #3: 245 Wolf Ledges Parkway

Finish of relay leg #3: 1300 Sand Run Parkway

Parking- Recommended parking location for third leg relay participants is the University of Akron's Exchange St Deck at 261 E.

Exchange St.

DIRECTIONS TO EXCHANGE ZONE

Walking Instructions to Relay Leg #3:
*From the Start Line: Walk south on
High St to University Ave. Turn left
(east) onto University Ave. and go two
blocks to Wolf Ledges. Turn right
(south) onto Wolf Ledges. The Relay
Exchange Zone is in the parking lot on
your left.

*From Parking Deck on Exchange St: Walk west on Exchange St. Turn right (north) onto Buckeye St and go one block. The Relay Exchange zone will be straight ahead in the parking lot.

COURSE / FINISH LINE

The 5-Person Team Relay will follow the Full Marathon route. Be sure to follow signage at mile 12.3 where the Half Marathon splits off from the full/relay course.

At the finish of your relay leg you will cross over a timing mat and proceed to the numerical staging area which corresponds with your bib number. Once you arrive at the staging area, find your relay team member and pass off the slap bracelet.

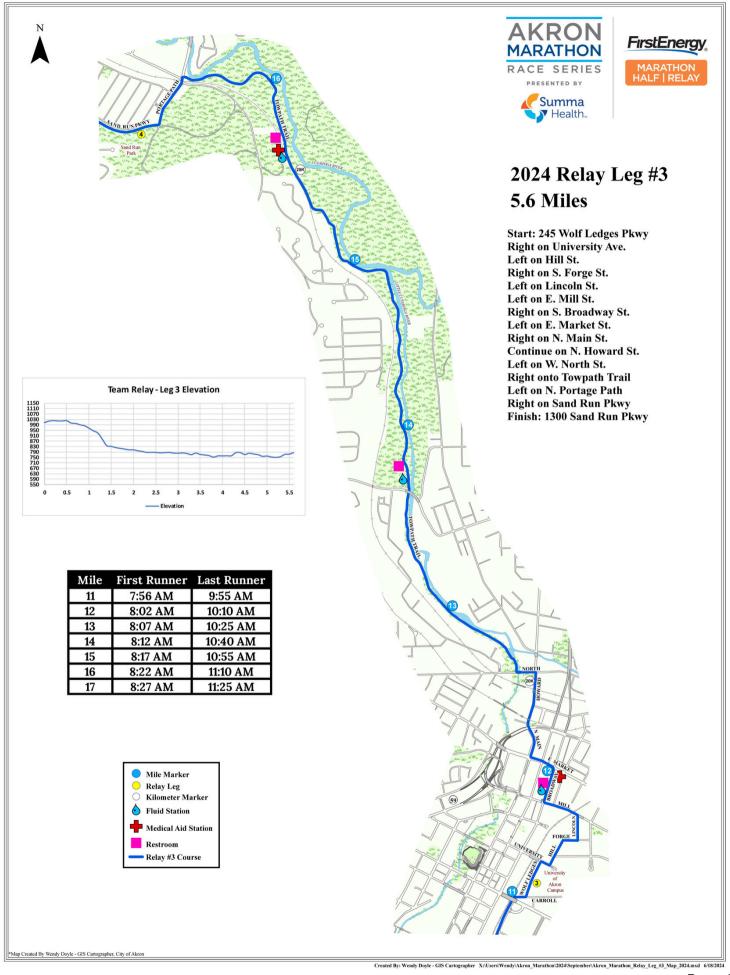
Once you have passed the bracelet to your team member, exit the course to get your medal and water.

ARRIVING AT EXCHANGE ZONE

Upon arriving at your Relay Exchange Zone, proceed to the numerical staging area as instructed by a race volunteer. Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER.

FINISHER FESTIVAL

Getting back to the Finisher Festival - The Finisher Festival is located at 300 S. Main St outside Canal Park Stadium. Get your finisher fluids and medal located in the parking lot at Sand Run Parkway. Make your way to the school buses staged on Portage Path. The busses will drop participants off at the corner of S. Main St and Exchange St. From there walk east on Exchange St to Maiden Ln. Turn left on Maiden Ln and enter the Finisher Festival.



Fourth Leg Details
Relay leg distance: 4.5 miles

Start of relay leg #4: 1300 Sand Run Parkway

Finish of relay leg #4: Firestone Community Learning Center - 1545 Fairfax Rd Parking- Recommended parking location for fourth leg relay participants is the Bowery Deck at 199 W. Bowery St.

TRANSPORTATION TO EXCHANGE ZONE

It is advised to use the shuttle service provided to the fourth leg Relay Exchange Zone due to limited parking and road closures. Participants can find the shuttle busses located on Exchange St at S. Main St. Shuttle departure times begin at 7:15 AM and end at 10:15 AM for this leg.

FINISH LINE

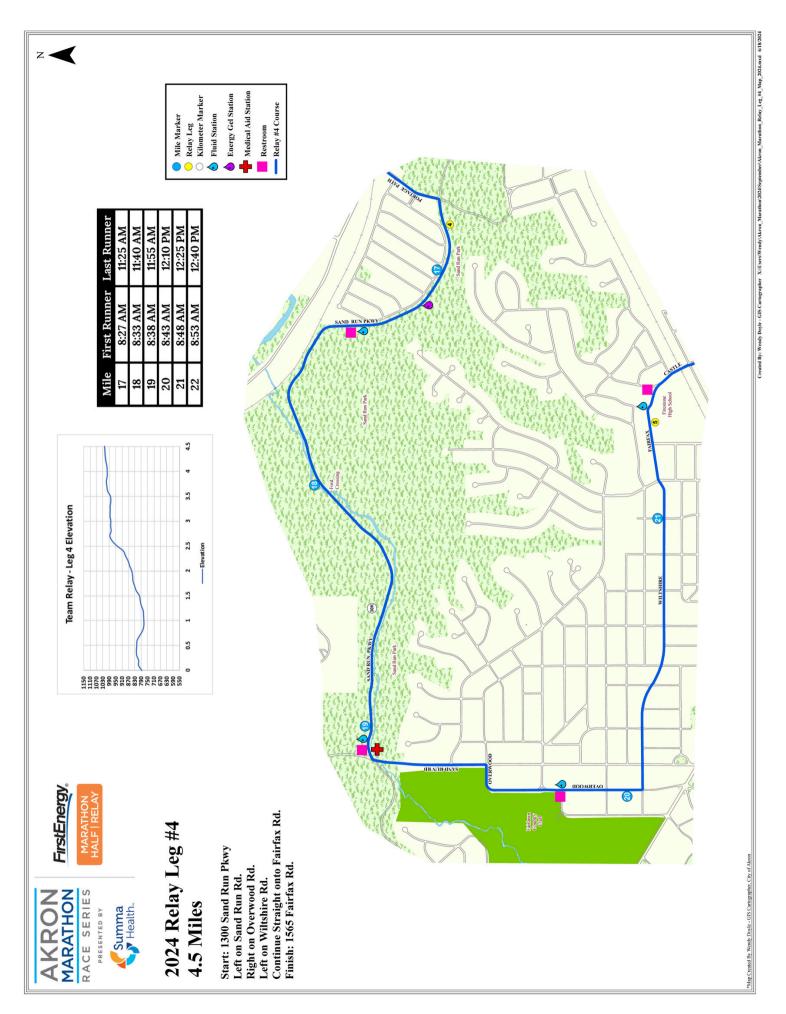
At the finish of your relay leg you will cross over a timing mat and proceed to the numerical staging area which corresponds with your bib number. Once you arrive at the staging area, find your relay team member and pass off the slap bracelet. Once you have passed the bracelet to your team member, exit the course to get your medal and water.

ARRIVING AT EXCHANGE ZONE

Upon arriving at your Relay Exchange Zone, proceed to the numerical staging area as instructed by a race volunteer. Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER.

FINISHER FESTIVAL

Getting back to the Finisher Festival The Finisher Festival is located at 300
S. Main St outside Canal Park
Stadium. Get your finisher fluids and
medal located in the parking lot at
Firestone CLC. Make your way to the
school buses staged on Rampart. The
busses will drop participants off at
the corner of S. Main St and Exchange
St. From there walk east on Exchange
St to Maiden Ln. Turn left on Maiden
In and enter the Finisher Festival.



Fifth Leg Details

Relay leg distance: 5 miles

Start of relay leg #5: Firestone Community Learning Center - 1565 Fairfax Rd Finish of relay leg #5: Finish Line - 300 S. Main St

Parking- Recommended parking location for fifth leg relay participants is the Bowery Deck at 199 W. Bowery St.

TRANSPORTATION TO EXCHANGE ZONE

It is advised to use the shuttle service provided to the fifth leg Relay Exchange Zone due to limited parking and road closures. Participants can find the shuttle busses located on Exchange St at S. Main St. The shuttle departure times begin at 7:30 AM and end at 11:15 AM for this leg.

ARRIVING AT EXCHANGE ZONE

Upon arriving at your Relay Exchange Zone, proceed to the numerical staging area as instructed by a race volunteer. Spotters will be calling out the last three numbers on your bib as your teammate approaches the exchange zone. PLEASE KNOW YOUR BIB NUMBER.

FINISH LINE

After you cross the Finish Line on Main St., stay to enjoy the Finisher Festival, receive your post-race food and beverages, and rejoin with your team members.

